

Question for Health and Wellbeing Board on Thursday 14 March 2024

From resident Alan Thomson in relation to Agenda Item 7: Health and Wellbeing Strategy Update

A project to evaluate the Bracknell Forest Health and Well-Being Physical Activity Service has been carried out over the previous year, and a report with detailed findings and recommendations is due by End March.

Can follow up be scheduled to apply these findings, to work out practical actions and involving co-production, and with the aim to get more people using the existing services?

Note the existing Health and Well-Being Physical Activity Services have capacity for more use, and getting more people using them links in with wider objectives on health, ageing well and keeping active.

Note this evaluation was commissioned by Bracknell Forest and carried out by an external team in PHIRST South Bank, which is one of six Public Health evaluation centres funded by the National Institute for Health and Care Research (NIHR).